

ACHIEVEMENT POTENTIAL SURVEY

For each of the following sets of statements, mark the one that best describes you in the ANSWER column of the SUMMARY SHEET. Please speak with your Campus Counsellor to Score your Survey Results.

1. My Academic Ability

- A. In terms of basic ability, I could get straight A's if I really wanted to.
- B. I really don't have what it takes to get good grades in university.
- C. A lot of students are smarter than I am, but I could get better grades if I just worked harder.

2. Knowledge I Already Have

- A. I think I have a pretty good background to take on the assignments my instructors make.
- B. I have a hard time understanding what's going on in university because there's a lot I should have learned before I got to these classes.
- C. Sometimes I feel I don't know as much as I should to be able to do the work my instructors expect.

3. My Past Learning Experiences

- A. Doing well academically has always been easy for me.
- B. Academic work has always been hard for me.
- C. My academic successes and failures are pretty well balanced: sometimes I've done pretty well, but other times I've had some problems understanding the work.

4. My Study Skills

- A. I have some pretty good strategies for tackling assignments and getting my school work done.
- B. Even when I try to study it does not seem to help.
- C. My study skills are OK, but they can be improved.

5. My Learning Style

- A. I know exactly how I can arrange my study sessions so that I can do my best work.
- B. I've never really thought much about how I work best.
- C. I know a little bit about my learning style, but I haven't really figured out what's best.

6. My Ability to See Connections

- A. I can almost always make a connection between an idea or concept in my studies and my own personal life.
- B. Most of the ideas or concepts presented in my studies seem abstract, and seldom can I see any connection to my own life.
- C. Sometimes I see connections between what I am studying and my own personal situation, but not very often.

7. My General Mood

- A. In general I feel pretty positive and I don't have a lot of trouble with bad moods interfering with my school work.
- B. There are a lot of things bothering me right now and they keep me from concentrating on my school work.
- C. Sometimes I have trouble concentrating on school work because I just don't feel good about myself and my life.

8. My Health

- A. I'm in good health and hardly ever miss classes because of illness.
- B. I've missed a lot of classes because of illness.
- C. I've missed some classes because of illness; even when I am in class I often don't do as well as I could because I don't feel very well.

9. My Feelings About Achievement

- A. Doing well in university is really important to me.
- B. Sometimes I feel like not doing well in university to get back at my parents/others.
- C. Doing well in university seems to be more important to others (my parents, instructors, etc.) than it is to me.

10. My Personal Life/Career Goals

- A. I want to further my studies or get a good job when I finish university.
- B. I haven't given much thought to what I want to do when I finish university.
- C. I've been thinking about it, but I'm not sure what I want to do when I finish university.

11. My Desire to Impress Others

- A. There is at least one particular person in my life that I want to impress with my academic achievement.
- B. I really don't care much what anyone else thinks about my academic achievement as long as they don't give me a hard time about it.
- C. I like it when others are impressed with my academic work, but there's no one in particular that I want to impress.

12. My Willingness to Risk Failure

- A. I usually volunteer answers to questions my instructors ask even if I'm afraid my answers might be wrong.
- B. I only answer questions and turn in assignments if I know I'm right and my work is well done.
- C. Sometimes I'm afraid to answer questions in class because it would be too embarrassing if I was wrong.

13. My Willingness to Tackle Unpleasant Tasks

- A. Whenever I have a tough assignment, I try to get started on it as soon as possible.
- B. I always put off tough assignments until the very last minute and often don't leave myself enough time to finish them.
- B. I often put off tough assignments as long as possible, but usually manage to get them done.

14. My Willingness to Stick With A Problem Until It's Solved

- A. I'm the kind of person who likes to stick with a problem until it's solved, no matter how long it takes.
- B. If I can't solve a problem right away I get pretty impatient and will usually give up.
- C. I try to give a reasonable amount of time and effort to solving a problem: but if it takes too long, I quit.

15. The Amount of Time I Spend on Assignments

- A. I usually spend at least 10 hours a week on assignments.
- B. I usually spend less than 5 hours a week on assignments.
- C. I usually spend between 5 and 10 hours a week on assignments.

16. My Family's Expectations

- A. My family expects me to do well in university.
- B. My family doesn't really care how well I do in university.
- C. My family is kind of interested in how well I do in university.

17. My Family's Support

- A. My family does everything they can to provide the help and resources I need to do my school work.
- B. It's hard for me to get my school work done at home because I often have to do things for my family like care-giving, working part time, helping out in the house etc.
- C. My family is pretty good about giving me time to study, but it's pretty much up to me to make sure I get it all done.

18. My Friend's Achievement and Expectations

- A. Most of my friends get pretty good grades and think I should too.
- B. Most of my friends don't do very well in school and would be very surprised if I was able to do well.
- C. Most of my friends get about average grades and expect about the same from me.

19. My Friends Support

- A. Most of my friends are willing to help me do well in university.
- B. Most of my friends don't really care how I do in university and resent it if I decide to study rather than spend time relaxing with them.
- C. Sometimes my friends can be helpful to me; other times not.

20. The Difficulty of My School Work

- A. The work expected in most of my classes is not very difficult.
- B. The work expected in most of my classes is very difficult.
- C. The work expected in most of my classes is somewhat difficult.

21. The Nature of My Assignments

- A. In general, my assignments are pretty interesting, and it seems like what I'm learning is important.
- B. Most of my assignments are pretty boring and have nothing to do with real life.
- C. Sometimes my assignments are interesting, but usually they're just something to get done.

22. My Instructors' Expectations

- A. My instructors all think I am capable of doing good work..
- B. Most of my instructors don't expect me to be able to do very good work.
- C. Some of my instructors think I am capable of doing good work; others just expect me to do average work.

23. My Instructors' Support

- A. My instructors are very good at providing whatever help I need to complete my assignments.
- B. In general, my instructors seem to feel that getting the work done is my problem not theirs.
- C. My instructors are fairly good at providing help.

24. My University's Resources

- A. My university has a lot of good resources (library, web access; study-space, counselors, etc) to help students with their school work..
- B. My university does not really have very many resources.
- C. My university is OK in terms of resources.

25. My University's "Climate"

- A. My university is a very good one; I enjoy being here.
- B. My university is pretty bad; I hate being here.
- C. My university is OK; sometimes it is good to be here, other times it is not.

26. My Participation in Extracurricular Activities

- A. I am very active in my university's extracurricular activities.
- B. I am not at all active in my university's extracurricular activities.
- C. I take part in a few of my university's extracurricular activities.

**The University of Trinidad and Tobago
Student Counselling Services
ACHIEVEMENT POTENTIAL SUMMARY SHEET**

Name: _____ Age: _____ Gender: _____ Student Status: FT: ___ PT: ___ Date : _____
 Campus: _____ Programme: _____ Year: _____ Specialisation: _____

Part I - Can I do well in University?

	<u>ANSWER</u>	<u>ASSET</u>	<u>BARRIER</u>	<u>CONCERN</u>
1. Academic Ability				
2. Current Knowledge				
3. Past Experiences				
4. Study Skills				
5. Learning Style				
6. Seeing Connections				

Part II – Do I really want to do well in University?

	<u>ANSWER</u>	<u>ASSET</u>	<u>BARRIER</u>	<u>CONCERN</u>
7. General Mood				
8. Health				
9. Feelings About Achievement				
10. Life/Career Goals				
11. Impressing Others				
12. Risking Failure				
13. Tackling Unpleasant Tasks				
14. Sticking With a Problem				
15. Time Spent on Homework				

Part III – What effect has my family and friends had on my achievement?

	<u>ANSWER</u>	<u>ASSET</u>	<u>BARRIER</u>	<u>CONCERN</u>
16. Family's Expectations				
17. Family's Support				
18. Friend's Expectations				
19. Friend's Support				

Part IV – How "inviting" is my University?

	<u>ANSWER</u>	<u>ASSET</u>	<u>BARRIER</u>	<u>CONCERN</u>
20. Difficulty of Work				
21. Nature of Assignments				
22. Instructors' Expectations				
23. Instructors' Support				
24. University's Resources				
25. University's Climate				
26. Extracurricular Activities				